

Dr. Uchenna Kole-James, is a University of Michigan graduate, a pharmacist for over 10 years, filling 100 to 1000 prescriptions daily at a nationally known pharmacy. Her wealth of knowledge about medication management was built through specific conversations with patients, especially seniors; about medication struggles and other health concerns. Dr. Uchenna has informally performed MTM services throughout the retail setting for years, demonstrating that there is a significant need for indepth coaching and medication management. People, especially seniors are not being sufficiently educated on their medications and encounter daily experiences of preventable medication misadventures.

Her fundamental belief is that the best patient is an informed and educated patient through Patient Empowerment. Phun On the Pharm (POP) empowers the community through medication management services, alleviating fears of medication use, decreasing non-adherence and adverse events. POP's services prevent hospitalizations, hospital re-admissions, reduces health care costs, improves CMS star ratings, and improves patient's quality of life!

Dr. Uchenna created a YouTube Channel

— Dr. Uchenna Kole-James — providing instructional videos integrating medication education to empower our patients to take full responsibility of their health and health

Phun On the Pharm is Dr. Kole-James taking her patient commitment to the next dimension using her academic and pharmaceutical backgrounds to educate the public about all aspects of their health. Phun On the Pharm is not a substitute for your physician's orders. It is the place which allows you to take charge of your health and make informed decisions with credible evidence from a person who knows.

care needs.





Phun On the Pharm is a Pharmaceutical Care Education and Consultation company providing medication information tailored for each patient's disease state.

We provide outstanding Medication Therapy Management (MTM) Services to patients, which helps to decrease adverse events.

Our focus is on empowering patients to achieve their health goals through medication management and lifestyle changes.

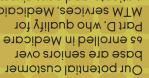
While meeting the requirement from Medicare Part D and Medicaid, our primary goals are improving quality, reducing unnecessary medical expenditures and improving medication adherence.

## Membership Site – Phriends On the Pharm (https://www.phriendsonthepharm.com) FREE

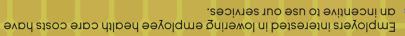
At Phun On the Pharm we have a membership site, for our Phriends Complimentary and for purchase valuable PDFs, E-books, online courses, webinars, and other services. These services empower our Phriends to reach their health goals through lifestyle changes and Phriends to reach their health goals through lifestyle changes and medication management.



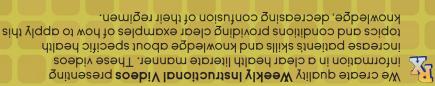
Individuals seeking health and wellness, medication education, and weight loss solutions are targeted for our online health courses,











Our videos can be supplied prescriptively, expanding care continuum beyond the provider's facility.

347-974-2762 / 347-9PARMA support@phunonthepharm.com



Comprehensive Medication Review (CMR) –
A complete review of everything (prescription, nonprescription, supplements, vitamins) that patient is taking. Includes drug interaction checks and common reasons medications are prescribed.

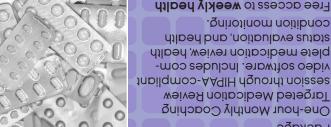
Creation of a Personal Medication Record (PMR) - Customized portable record of CMR, listing all medications and health conditions to take to doctor appointments.

5. Creation of a Medication-Related Action Plan (MAP) - Plan includes any (CMR) issues, patient concerns, and time-based goals to address these concerns. The MAP assists our patients to accurately self-manage medications, make positive lifestyle changes, and helps providers to increase continuity of care.

Documentation and Recommendations - Documentation of session for confidential record-keeping, utilizing SOAP notes. Handouts and worksheets are created for patient's specific disease to help them reach health goals.

2. Billing - to Medicare Part D and Medicaid if necessary, or self-pay.

## Phriends Forever Package \$99/month I. Includes Phriends Empowerment



Free access to **weekly nealth**webinars through our membership site

batients who need extra care) \$497/month

lucIndes Phriends Empowerment Package

2. One one-hour weekly group coaching session. (4 per month)
5. One customized educational video targeted to patient's disease state

Free access to weekly health webinars and online courses through

our membership site

